# Why are GP practices still working differently?





#### If the pandemic is over, why can't GPs go back to normal?

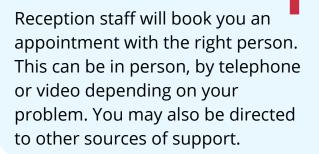
**The pandemic is not over.** GP practices are open and have been throughout, however to protect everyone, they must maintain safe infection control and minimise physical contact.

### How are practices working now?



If you have a problem and you think you need to see someone in your GP team, please phone first. This lets staff direct you to the right person and ensures they see those with the most need where appropriate.

#### What happens next?



## What about emergencies?



**Dial 999 in a life-threatening emergency.** If you need help with non life-threatening injuries or urgent care please call NHS 24 on 111.

### Why do receptionists ask personal questions?



GP reception staff are a vital part of the healthcare team. Understanding the nature of your issue helps them to direct you to the right person for your needs. They treat all information confidentially.

### Why am I seeing someone else instead of my GP?



Many GP teams have nurses, advance nurse practitioners, physiotherapists, mental health workers and link workers among others. This means you speak to the best person for your problem.

#### Where else can I get help?



Visit nhsinform.scot for advice on common conditions. Your pharmacist and optician can also advise on a wide variety of conditions and provide treatments where needed.

#### Please be patient

Our health services are under enormous pressure but GPs are open and here if needed. Please work together with them to make sure you get the right care, in the right place, at the right time by the appropriate health professional for your needs.

